# PEDSLINES



#### Missouri Chapter of the American Academy of Pediatrics

#### A LETTER FROM OUR PRESIDENT

#### Ken Haller, MD, FAAP

This week I had the privilege of representing the Missouri Chapter in Washington, DC, as part of the American Academy of Pediatrics Legislative Fly-In. According to AAP CEO, Dr. Karen Remley, the basic rallying cry for advocates should be, "Be first. Be right. Be credible." That's why AAP leadership from around the US traveled to Washington. As the leading voice in our country for children's health, the Academy needs to be present as a new administration and a new Congress are starting their work.

It's crucial to note this event was planned before the November elections. Whoever took office, whichever party held sway in whatever realm, it was crucial that we speak up for kids who rarely have their voices heard. The document we used to highlight our

heard. The document we used to highlight our priorities for kids is the AAP Blueprint for Children. The goals of the Blueprint, which was released at the NCE in San Francisco last fall, are to:

- articulate a vision for what children need and how government can help achieve that,
- guide our interactions with government officials, departments and agencies,
- engage partner organizations, and
- integrate identified priorities into overall communications and advocacy efforts.

Already, the Blueprint has been shared with federal agencies and departments, Congressional leaders, as well as with the Trump transition team, and now administration. If you haven't seen it already, you can view it and download it at <u>www.aap.org/blueprint</u>.

Elsewhere in PedsLines you will read about our MOAAP Board Advocacy Day in Jefferson City on February 2. It was a great opportunity for us on the board to do our own in-state version of the national Fly-In and get our names and credentials in front of decision-makers in both the General Assembly and the Governor's office. We also told everyone to expect many more of us for our **MOAAP Advocacy Day on Thursday, April 13**. In the meantime please look out for our Action Alerts on breaking issues in the State Capitol that need your attention.

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Meeting with our 2017 Champion for Children awardee, Rep. Keith Frederick.

#### **MOAAP LEGISLATIVE UPDATE**

By Thuylinh Pham, MD FAAP Legislative Committee Chair

The 2017 MO legislative session is approaching the halfway point, and MOAAP has been hard at work. Our board members had a productive day at the Capitol for our annual Board Advocacy Day. We were able to meet with several key committee chairs, including Rep. Diane Franklin (Children & Families), Sen. David Sater (Seniors, Families & Children), as well as Sen. Jeannie

Riddle (Vice Chairwoman, Seniors, Families & Children), and Gov. Grietens's Deputy Policy Director, Logan Spena, to discuss issues that impact kids. This year our *Champion for Children* Award went to Rep. Keith Frederick for his dedication to Missouri's children through his work as the chairman of the Health & Mental Health Policy committee.

You can join the advocacy efforts by attending our annual **MOAAP Chapter Advocacy Day on April 13th**. Please RSVP <u>here</u>. Also be on the lookout for action alert emails as bills move through the process.

#### 2017 priority bills

- Oppose <u>SB 28</u>, sponsored by Sen. Sater (R-29), which reforms the current Medicaid program to seek funding for MO HealthNet through a block grant. MOAAP is in opposition as this can lead to decreased funding for Medicaid participants, who are primarily children. Thank you for your response to the action alerts. The bill still sits on the Senate calendar. Keep up the calls & emails!
- Support <u>HCS HBs 90 & 68</u>, which will establish a Prescription Drug Monitoring Program (PDMP). MO continues to be the only state without a PDMP, which has added to our problem with opioid addiction. There are multiple bills to address PDMP.
- Support for <u>HB 58</u> by Rep. Haefner to create criteria for designation of maternal and neonatal care, also known as Perinatal Regionalization. This bill has moved to the Senate.
- Support for <u>HB 66</u> by Rep. Ruth to expand MO newborn screen to include spinal muscular atrophy and Hunter syndrome. This bill has moved to the Senate.
- Support for <u>HB 581</u> by Rep. Unsicker to ban the sale of crib bumpers.
- Opposition to <u>SB 98</u> by Sen. Emery that would require transgender children to use bathrooms according to genders listed on their birth certificates at school.
- We provided informational testimony to ensure children are considered as part of <u>SB</u> <u>371</u>, sponsored by Sen. Schaaf, which expands the use of hemp extract for medical conditions outside of epilepsy. The bill received its first hearing.

We continue to track many issues that relate to the health of Missouri's children &

adolescents. For any questions regarding MOAAP positions on current pieces of legislation, please contact me or Kelsey Thompson (<u>kthompson@moaap.org</u>) for further details.

You can find your legislator <u>here</u>.



Meeting with Rep. Diane Franklin, Chairwoman of the Children & Families Committee.



Meeting with Logan Spena, Deputy Policy Director, Governor's Office.



Meeting with Sen. Jeanie Riddle, Vice Chairwoman of the Seniors, Families & Children Committee.

#### ACA UPDATE

From the moment the 115th Congress took office in January and lawmakers began deliberating how to repeal parts of the Affordable Care Act (ACA) and offering their own proposals, the Academy has been leading the charge in Washington to protect children's access to health care. At the moment, there is not currently a viable legislative vehicle that has been introduced or voted on in Congress to repeal and/or replace the ACA.

The coverage rate among children in the United States is at a historic high: 95 percent. The Children's Health Insurance Program (CHIP), Medicaid and the ACA have worked together to make this possible.

The Academy is urging Congress to renew CHIP, keep Medicaid strong and support the ACA. In early February, AAP President Fernando Stein, MD, FAAP, and AAP CEO/Executive Vice President Karen Remley, MD, MBA, MPH, FAAP, joined with leaders from the American Academy of Family Physicians, the American College of Physicians, the American Congress of Obstetricians and Gynecologists and the American Osteopathic Association to bring one clear message to Capitol Hill: Protect patients' access to care.

The leaders, representing 500,000 physicians and medical students, urged U.S. senators to maintain affordable and meaningful coverage and access to health care for the millions of Americans who are now covered under current law and benefit from other consumer protections.

On February 28, AAP chapter leaders from every state, including Dr. Kenneth Haller from Missouri, traveled to Washington to urge their members of Congress to prioritize children in their policymaking, especially as they approach issues related to children's access to health care.

For state-specific information on children's health coverage, please visit

<u>aap.org/federaladvocacy</u> to view new state fact sheets on the landscape of children's coverage, Medicaid and CHIP. To ensure you receive the latest federal updates and advocacy opportunities from Washington, request to become an AAP Key Contact by emailing <u>kids1st@aap.org</u>.

#### **IN THE NEWS**

#### Join us for the 2017 MOAAP Advocacy Day!

April 13 at 9:00 AM, Missouri State Capitol, Jefferson City

Reasons to Attend Advocacy Day:

- Advocate for kids in Missouri
- Have fun with pediatricians from around the state
- Learn to talk with legislators in the Capitol about issues that affect kids

RSVP <u>here</u>.

Congratulations to MOAAP member *Claudia Preuschoff* on her recent election as Vice Chair of AAP District VI! MOAAP will be well-represented.

#### **Missouri KidsFirst Offers Online Mandated Reporter Training**

By Emily Killough, MD, FAAP Children's Mercy Hospital

The SAFE-CARE (Sexual Assault Forensic Examination-Child Abuse Resource and Education) Network is Missouri's medical response to child abuse. It is a statewide network of medical professionals committed to providing quality, comprehensive medical evaluations of children suspected to have been abused. The primary mission of the SAFE-CARE Network is to provide every abused child easy access to quality and compassionate medical care to ensure their own health and safety through proper diagnosis and treatment. SAFE-CARE Providers include physicians, physician assistants, and nurse practitioners who successfully maintain ongoing educational requirements, provide direct patient care to the maltreated children in their community, and collaborate with local multidisciplinary team members. Missouri KidsFirst manages the SAFE-CARE Network through a contract with Missouri Department of Health and Senior Services. Please visit <u>www.missourikidsfirst.org</u> for more information.

Missouri KidsFirst also supported the development of Missouri's Online Mandated Reporter Training. This training is a free educational tool for mandated reporters to be empowered in their responsibility to protect children. The training is self-paced and covers topics including legal requirements, plans for responding to suspicions, effective reporting and indicators of child abuse and neglect. As a Missouri pediatrician and mandated reporter, please consider taking time to access this resource through this <u>link</u>.

#### **Residency Spotlight: Children's Mercy - OWL Resident Simulation**

By Charley Spear, MD, Pediatrics Resident Kayla Heller, MD, Pediatric Hospitalist, Director of Resident Simulation, Children's Mercy Kansas City

Starting December 2016, the Children's Mercy Kansas City pediatric residency program began implementing low-fidelity mock-simulation sessions for residents working on overnight OWL teams. The purpose of this pilot program is to provide pediatric residents with an additional educational opportunity during their month working nights in the hospital, while also determining whether this strategy will be feasible to implement in the long-term.

Using low-fidelity simulation mannequins and a pre-defined mock scenario, residents approach these simulated emergencies as they would in a true patient situation. With the help of overnight hospitalist faculty leading the sessions, the goal is to provide a teaching point for residents who work through a simulated patient scenario to accomplish certain objectives. Given the busy demands of OWL team residents, it is important to keep these sessions brief while at the same time valuable for those involved.

Initial feedback from participating residents has been promising. Dr. Jessica Van Mason, a second-year resident, participated in an overnight session involving a simulated patient with myocarditis. She and other residents involved were successfully able to recognize the signs and symptoms of cardiogenic shock, all while communicating with each other and nursing staff the best means of management. "I love the idea," said Van Mason. "It's useful to be able to talk through and practice these scenarios before they happen in real life. Simulations are helpful and informative. The more the better."

Research and further trials will continue over the coming months with plans to collect final resident input before the start of 2018. The hope is that this project can provide more quality education for our residents and be used as an additional means of simulation-based medical education for our residency program in the future.

#### **Child Psych ECHO**

#### By Show Me ECHO Staff

The University of Missouri and Show Me ECHO are offering a free opportunity for primary care providers to get expert behavioral health specialist knowledge, in accordance with American Academy of Child and Adolescent Psychiatry guidelines. An expert team, led by Dr. Laine Young Walker, Division Chief, Child and Adolescent Psychiatry, will provide guidance and support to busy primary care providers in a virtual learning network.

In twice-monthly videoconferences taking place from noon to 1 PM on the second and fourth Friday of each month, interested providers can learn about best practices and evidencebased care for children with behavioral health concerns.

In addition to offering free CME for health care professionals, the Child Psych ECHO encourages collaboration, support and ongoing learning with experts and other health care providers. Subsequently, patients can receive better care in a timely manner from providers who know them and the community in which they live and go to daycare or school.

Child Psych ECHO empowers and supports primary care providers to more effectively and confidently treat patients suffering from behavioral health issues. The Child Psych ECHO is an integration of medical, pharmacological and psychological considerations into the treatment of the behavioral health patient.

#### How Does it Work?

- Join an online video conference bi-weekly from noon to 1 p.m., using free Zoom secure internet-based video conferencing software.
- Discuss and share:
  - De-identified clinical case presentations and discussion
  - A brief educational presentation by an expert in child and adolescent behavioral health

#### Topics for Case-based Learning and Discussion Include:

- Oppositional Defiant Disorder
- Aggression
- Attachment
- Depression
- Anxiety
- ADSD
- PTSD/Trauma
- Eating Disorders

The Child Psych ECHO is planned for launch on Friday, May 12, 2017. Participants may register at <u>http://medicine.missouri.edu/show-me-echo/register/.</u>

Email: <u>showmeecho@health.missouri.edu</u> Phone: 573-884-7958 Toll Free: 877-882-9933

#### **CALENDAR OF UPCOMING EVENTS**

#### March 2017

| Sunday  | Monday | Tuesday | Wednesday | Thursday   | Friday   | Saturday  |
|---|--------|---------|-----------|--|--|---|
|   |        |         | 1         | 2  | 3  | 4   |
| 5   | 6      | 7       | 8         | 9<br>AAP Annual<br>Leadership<br>Forum,<br>Schaumburg,<br>IL | 10<br><u>SLCH</u><br><u>Pediatric</u><br><u>Symposium,</u><br><u>Farmington</u><br>AAP Annual<br>Leadership<br>Forum,<br>Schaumburg,<br>IL | 11<br>AAP Annual<br>Leadership<br>Forum,<br>Schaumburg,<br>IL |
| 12<br>AAP Annual<br>Leadership<br>Forum,<br>Schaumburg,<br>IL | 13     | 14      | 15        | 16   | 17   | 18  |
| 19  | 20     | 21      | 22        | 23   | 24   | 25  |

|    | Missouri<br>Legislative<br>Spring<br>Break | Missouri<br>Legislative<br>Spring<br>Break   | Missouri<br>Legislative<br>Spring<br>Break | Missouri<br>Legislative<br>Spring Break<br><u>Missouri</u><br><u>Children's</u><br><u>Trust Fund</u><br><u>Conference</u><br><u>on Child</u><br><u>Abuse and</u><br><u>Neglect</u><br><u>Prevention</u> | Missouri<br>Legislative<br>Spring Break<br><u>Missouri<br/>Children's</u><br><u>Trust Fund</u><br><u>Conference</u><br><u>on Child</u><br><u>Abuse and</u><br><u>Neglect</u><br><u>Prevention</u> |  |
|----|--|--|--|---|---|--|
| 26 | 27   | 28<br><u>SSM</u><br><u>Cardinal</u><br><u>Glennon</u><br><u>Pediatric</u><br><u>Workshop,</u><br><u>Fulton</u> | 29   | 30  | 31<br><u>SLCH Spring</u><br><u>Clinical</u><br><u>Pediatric</u><br><u>Update, St.</u><br><u>Louis</u>   |  |

### April 2017

| Sunday | Monday | Tuesday | Wednesday  | Thursday  | Friday  | Saturday  |
|--------|--------|---------|--|---|---|---|
|        |        |         |  |   |   | 1   |
| 2      | 3      | 4       | 5  | 6   | 7   | 8   |
| 9      | 10     | 11      | 12   | 13<br>MOAAP<br>Advocacy<br>Day<br>& MOAAP<br>Board<br>Meeting,<br>Jefferson<br>City | 14  | 15  |
| 16     | 17     | 18      | 19<br>CME with Dr.<br>Jessica<br>McGhee,<br>Pediatric GI<br>@Mercy,<br>Springfield<br>Contact:<br>Laura.Waters<br>@mercy.net | 20  | 21<br>Children's<br>Mercy<br>Hospital<br>4th Annual<br>Joplin<br>Pediatric<br>Specialty<br>Care<br>Update.<br><u>Register</u><br><u>here.</u> | 22<br>Children's<br>Mercy<br>Hospital<br>4th Annual<br>Joplin<br>Pediatric<br>Specialty<br>Care<br>Update.<br><u>Register</u><br><u>here.</u> |
| 23     | 24     | 25      | 26   | 27  | 28  | 29  |
| ААР    | ААР    | ААР     |  |   |   |   |

|  | Legislative | Legislative | Legislative |  |  |
|--|-------------|-------------|-------------|--|--|
|  | Conference, | Conference, | Conference, |  |  |
|  | Washington, | Washington, | Washington, |  |  |
|  | DC          | DC          | DC          |  |  |
|  | 30          |             |             |  |  |

Visit our CME page <u>here</u> for more information.

#### Are you a #Tweetiatrician? Join in on getting the word out!

MOAAP follows AAP initiatives regularly on Twitter. If you haven't followed us yet, find us on Twitter <u>@MissouriAAP</u>. This is a great way to learn about topics that are important right now with links to resources that are helpful to not only pediatricians but to families and their kids.

In conjunction with the advocacy day in Washington, DC on February 28th the AAP & chapter presidents from all 50 states participated in a virtual advocacy day. This was designed to let our federal legislators know that children deserve to have access to high quality and affordable health care. They tweeted with #Docs4Coverage. It will take work by the Academy and ALL state chapters to to ensure kids continue to be covered by the Affordable Care Act (ACA), Medicaid and the Children's Health Insurance Program(CHIP).

How can you help? Get on Twitter! Follow <u>@ MissouriAAP</u>. Join the <u>#Tweetiatrician listserve</u>. Help get out the message that all kids deserve access to high quality and affordable health care!

Following are upcoming opportunities and ideas to tweet.

#### ADVOCACY for ACA, Medicaid & CHIP

Tweet Missouri's fact sheet on children's health care coverage fact sheet.

- Use Hashtags #Docs4Coverage, #KeepKidsCovered, #Medicaid, #CHIP, #ACA, #MOAAP

- Send messages directly to your representatives & senators via their Twitter handles

- EXAMPLE TWEET: Tell @ RoyBlunt that kids deserve consistent, affordable coverage in MO #Docs4Coverage #KeepKidsCovered

#### **March is National Nutrition Month**

Tweet resources about child nutrition. AAP and Food Research and Action Center released a <u>toolkit</u> to address food insecurities.

- Follow AAP's Institute for Healthy Childhood Weight @AAPHealthyWt

- Use Hashtags #NationalNutritionMonth, #NNM

- EXAMPLE TWEET: AAP recommends pediatricians screen all children for food insecurity #NationalNutritionMonth

#### National School Breakfast Week is March 6-10

Tweet resources about the importance of a healthy breakfast.

- Use Hashtags #SchoolBreakfast, #NSBW

- EXAMPLE TWEET: It's #SchoolBreakfast Week! A healthy breakfast helps kids in and out of the classroom #NSBW

Missouri Chapter of the American Academy of Pediatrics www.moaap.org

#### STAY CONNECTED:

