

# Community Partnership to Improve Anticipatory Guidance for Teenage Moms

Kristen Jones, DO, MA

Children's Mercy Kansas City; University of Missouri-Kansas City

## Background

- In 2018, there were 1,933 teen births in Kansas and 4,109 in Missouri.<sup>1</sup>
- Pregnant teens and teenage moms are a vulnerable population with unique challenges.

## Introduction

- Partnered with a local non-profit organization in Independence, MO
- Vision: To restore hope and empower young mothers
- Mission: To shelter and educate homeless, pregnant and parenting young women by providing comprehensive services that empower them to make successful life decisions for themselves and their babies

## Process

Meeting with leadership identified need for pediatric anticipatory guidance.



Leadership identified safe sleep & emergency department usage as challenges.



Surveys sent to moms who identified several other areas.



Interactive classes developed.



Feedback

## Classes

Safe Sleep

Vaccine Myths

Nutrition Jeopardy

When to go to the ER

## Next Steps

- Big picture goals:
  - Decrease unnecessary emergency room visits
  - Increase flu vaccination rate
  - Establish long term community partnership
- Classes will be integrated into CMH pediatric advocacy rotation
- Developed class binders with instructions, reading resources, and handouts so any resident can give the class
- Design a safe sleep policy for the organization

## Resources

1. "National Data: Power to Decide." *National Data | Power to Decide*, [powertodecide.org/what-we-do/information/national-state-data/national](http://powertodecide.org/what-we-do/information/national-state-data/national).

LOVE WILL.

UMKC  
School of Medicine



Children's Mercy  
KANSAS CITY